



# **THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents***

## ***Seminar One: The Neuroscience of Mental Illness: Brain Structures, Connectivity in the Brain, and Brain-Changing Techniques for Forensic Experts (Livestream Training Event)***

**Presenter: Dr. Jennifer Sweeton, Psy.D., MS, MA**

**Date: Friday, November 6, 2020 Time: 8:30am - 4:00pm 6.0 CEUs**

### **Training Description**

The latest findings from neuroscience have given us incredible insights into the workings of the brain and its connection to our psychological and physical well-being. Yet in-depth studies on the brain can be difficult to interpret; names like “dorsal anterior cingulate cortex” mean very little to most of us. And terminology is just the first obstacle. How do you overcome the challenge of applying complicated neuroscientific information to your practice with clinical and forensic clients? How does neuroscience help you when you’re face-to-face with individuals who are stressed, disconnected, fearful, or angry? This seminar will focus on a broad spectrum of conditions commonly encountered in clinical and forensic settings, such as:

- Sexual offending (and other problematic behavior)
- Substance abuse
- Domestic violence
- ADHD and oppositional behavior
- Trauma/PTSD
- Fetal Alcohol Spectrum Disorder
- Impulsivity
- Executive Dysfunction

Learn what happens to the brain in these conditions, how they present, and how to begin working with each.

### **Training Objectives**

1. Name the six areas of the brain most involved in mental health conditions.
2. Describe at least one difference between the neuroscience of substance abuse and trauma/PTSD.
3. Distinguish between the three main ways of changing the brain.
4. Describe why it can be difficult to “reason” with an individual who is under substantial stress.
5. Name and practice at least two techniques that ease the brain and body’s stress response.
6. State five conditions commonly seen in clinical and forensic settings.

### **Presenter Biography**

Originally trained as a neuroscientist, Dr. Jennifer Sweeton is a licensed clinical psychologist, best-selling author, and internationally-recognized expert on trauma, anxiety, and the neuroscience of mental health. She is the author of the book, *Trauma Treatment Toolbox*, published by PESI Publishing & Media. Dr. Sweeton completed her doctoral training at the Stanford University School of Medicine, the Pacific Graduate School of Psychology, and the National Center for PTSD. Additionally, she holds a master's degree in affective neuroscience from Stanford University, and studied behavioral genetics at Harvard University. For more information about Dr. Sweeton, visit <https://www.jennifersweeton.com/about-me>.

<b>LOCATION:</b>	<b>This event is a virtual, live stream training event with participants joining via Zoom.</b>
<b>COST:</b>	<b>\$99.00 per training event OR a reduced rate of <b>\$238</b> when registering for all three seminars</b>
<b>REGISTRATION:</b>	<b>To register for an individual training, visit <a href="http://www.aiafs.com/trainingsls.asp">www.aiafs.com/trainingsls.asp</a>. To register for all three training events and receive the discount, please contact Darian at (612) 250-5432 or <a href="mailto:aiafassoc@gmail.com">aiafassoc@gmail.com</a>.</b>

**Continuing Education Approval - Application for continuing education credits will be made with the following boards:**

The Minnesota Board of Social Work  
The Minnesota Board of Behavioral Health  
The Minnesota POST Board

The Minnesota Board of Psychology  
The Minnesota Board of Marriage and Family Therapy  
The Minnesota Board of Continuing Legal Education

# The American Institute for the Advancement of Forensic Studies (AIAFS)

## Course Registration

**Seminar Title:** The Neuroscience of Mental Illness: Brain Structures, Connectivity in the Brain, and Brain-Changing Techniques for Forensic Experts (Presentation One)

**Seminar Date:** Friday, November 6, 2020 **Times:** 8:30am-4:00pm **Cost:** \$99.00 6.0 CEUs ea.

**Mailing Address:** The American Institute for the Advancement of Forensic Studies (AIAFS)  
PO Box 5085  
St. Paul, MN 55101

**Additional Information:** Call Darian @ 612-250-5432 - or - Email: aiafsassoc@gmail.com

**Location:** This event is a virtual, live stream training event with participants joining via Zoom. Details on how to join each live-stream event will be sent two-days prior to the event date. Most live-stream training events will be offered in an on-demand format after the completion of the live event. Note: this may affect CEU approvals.

### Training Schedule:

7:45am-8:30am – Sign in/Registration	1:00pm-2:15pm – Training
8:30am-10:00am – Training	2:15pm-2:30pm – Break
10:00am-10:15am – Break	2:30pm-3:45pm – Training
10:15am-12:00pm – Training	3:45pm-4:00pm – Questions/Post-Test
12:00pm-1:00pm – Lunch (On Your Own)	4:00pm – Adjourn

**\*Before mailing your registration, please confirm the training event is still available online at <https://www.aiafs.com/trainings.asp>\***

**Training Topic:** The Neuroscience of Mental Illness: Brain Structures, Connectivity in the Brain, and Brain-Changing Techniques for Forensic Experts (Presentation One) **Date:** November 6, 2020 **Time:** 8:30am-4:00pm **Cost:** \$99

### Attendee Contact Information:

Name: \_\_\_\_\_  
Agency: \_\_\_\_\_  
Business Address: Street \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

### Payment Information

**Check** (Check No: \_\_\_\_\_)  
**Credit Card:**  Visa  Master Card  Other \_\_\_\_\_  
**Name on Card:** \_\_\_\_\_  
**Card Number:** \_\_\_\_\_  
**Expiration Date:** \_\_\_\_\_ Security Code \_\_\_\_\_  
**Billing Address:** Street \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**Name of person submitting credit card information:** \_\_\_\_\_

**Signature of person submitting credit card information:** \_\_\_\_\_

*AIAFS takes pride in bridging the gap of education in forensic mental health by offering affordably-priced training events. We appreciate your consideration of attending an AIAFS training to expand your knowledge and earn continuing education credit.*

*If you are unable to attend an event for which you have already registered and paid, please contact AIAFS a minimum of one week before the event. A complimentary credit transfer equal to the amount paid at registration will be applied toward any upcoming training event. Requests made after seven days before the training event will be handled on a case by case basis.*