



# THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

## Applied Suicide Intervention Skills Training (ASIST): A Two-Day Certification Training Program

Presenters: Brittany Miskowiec, PhD, MSW, LICSW and Daniel Hanson, MA

Dates: Thursday, July 25th, 2019 and Friday, July 26th, 2019

Times: 8:30am - 4:30pm

13.0 CEUs

### Training Description

ASIST is a two-day interactive workshop in suicide first-aid. ASIST teaches participants to recognize when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Although ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop—ASIST can be learned and used by anyone. As the world's leading suicide intervention workshop, LivingWorks' ASIST program is supported by numerous evaluations including independent and peer-reviewed studies. Results demonstrate that ASIST helps participants become more willing, ready, and able to intervene with someone at risk of suicide. ASIST is also proven to reduce suicidality for those at risk. A 2013 study that monitored over 1,500 suicidal callers to crisis lines found that callers who spoke with ASIST-trained counselors were 74% less likely to be suicidal after the call, compared to callers who spoke with counselors trained in methods other than ASIST. Callers were also less overwhelmed, less depressed, and more hopeful after speaking with ASIST-trained counselors. ASIST is a resource for the whole community. It helps people apply suicide first-aid in many settings: with family, friends, co-workers, and teammates, as well as formal caregiving roles. Many organizations have incorporated ASIST into professional development for their employees. Its widespread use in various communities creates a common language to understand suicide safety issues and communicate across different organizational backgrounds.

### Training Objectives

In the course of the two-day workshop, ASIST participants learn to:

1. Understand the ways personal and societal attitudes affect views on suicide and interventions
2. Provide guidance and suicide first-aid to a person at risk in ways that meet their individual safety needs
3. Identify the key elements of an effective suicide safety plan and the actions required to implement it
4. Appreciate the value of improving and integrating suicide prevention resources in the community at large
5. Recognize other important aspects of suicide prevention including life-promotion and self-care

### Presenter Biographies

**Brittany Miskowiec, PhD, MSW, LICSW**, has worked as a licensed independent clinical social worker and suicidologist for nearly ten years. Her education includes a PhD in Leadership and Human Resource Development with a concentration in Adult Education, Master of Social Work, Bachelor of Science in Psychology, and a certification in interdisciplinary trauma studies. Dr. Miskowiec has extensive experience working with the military, law enforcement, fire, EMS, and survivor of suicide populations. In her work as a suicidologist, Dr. Miskowiec has conducted research, published articles, presented at conferences, developed programs, and provides many educational workshops. She is certified as one of the twenty-three Psychological Autopsy Investigators by the American Association of Suicidology. Dr. Miskowiec has taught in higher education for eight years and currently teaches in the social work program at the University of Wisconsin-Stout.

**Daniel Hanson, MA**, is a decorated Marine Corps combat veteran that has devoted his life to helping others. He has been an Outreach Specialist for Wounded Warrior project since 2015 and previously served as the Minnesota Army National Guard's State Suicide Prevention Program Manager. After losing his brother to suicide shortly after separating from the Marine Corps in 2007, he became an advocate for veterans and has spoken nationally on his lived experience. Mr. Hanson has worked diligently to spread the message of hope and raise awareness for suicide prevention through public speaking, suicide intervention classes and tireless hours of personal service helping veterans.

**SPECIAL LOCATION: Pathways Counseling Center - 1919 University Ave. West, Suite 6, St. Paul MN, 55104**

**COST: \$299.00 (Individual Rate) (This training is limited to 30 participants)**

**REGISTRATION: Online at [www.aiafs.com/trainings](http://www.aiafs.com/trainings)**

**For additional info, contact Darian Buel @ 612-250-5432 - or - Email: [aiafsassoc@gmail.com](mailto:aiafsassoc@gmail.com)**

**Continuing Education Approval - Application for continuing education credits will be made with the following boards:**

The Minnesota Board of Social Work

The Minnesota Board of Behavioral Health

The Minnesota POST Board

The Minnesota Board of Psychology

The Minnesota Board of Marriage and Family Therapy

The Minnesota Board of Continuing Legal Education

*This training is hosted in partnership with Pathways Counseling Center, Inc.*

# The American Institute for the Advancement of Forensic Studies (AIAFS)

## Course Registration

**Seminar: ASIST Training (This training is limited to 30 participants)**

**Seminar Date: 7/25/19 and 7/26/19**

**Time: 8:30am-4:30pm (Both days)**

**Cost: \$299.00**

**13.0 CEUs**

**Mailing Address:** The American Institute for the Advancement of Forensic Studies (AIAFS)

PO Box 5085

St. Paul, MN 55101

**Additional Information:** Call Darian Buel @ 612-250-5432 or Email: [aiafsassoc@gmail.com](mailto:aiafsassoc@gmail.com)

**Location: *SPECIAL LOCATION: Pathways Counseling Center - 1919 University Ave. West, Suite 6, St. Paul MN, 55104.***

### Training Schedule (Both Thursday and Friday):

7:45am-8:30am – Sign in/Registration	1:00pm-2:15pm – Training
8:30am-10:00am – Training	2:15pm-2:30pm – Break
10:00am-10:15am – Break	2:30pm-3:45pm – Training
10:15am-12:00pm – Training	3:45pm-4:00pm – Questions/Post-Test
12:00pm-1:00pm – Lunch (on your own)	4:00pm – Adjourn

**Attendee Contact Information ASIST Certification 7/25/19 and 7/26/19 8:30am-4:30pm Cost: \$299.00**

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Business Address: Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Payment Information (This training is limited to 30 participants)

Check (Check No: \_\_\_\_\_)

**Credit Card:**  Visa  Master Card  Other \_\_\_\_\_

**Name on Card:** \_\_\_\_\_

**Card Number:** \_\_\_\_\_

**Expiration Date:** \_\_\_\_\_ **Security Code:** \_\_\_\_\_

**Billing Address:** Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**Name of person submitting credit card information:** \_\_\_\_\_

**Signature of person submitting credit card information:** \_\_\_\_\_

*AIAFS takes pride in bridging the gap of education in forensic mental health by offering affordably-priced training events. We appreciate your consideration of attending an AIAFS training to expand your knowledge and earn continuing education credit.*

*If you are unable to attend an event for which you have already registered and paid, please contact AIAFS a minimum of one week before the event. A complimentary credit transfer equal to the amount paid at registration will be applied toward any upcoming training event. Requests made after seven days before the training event will be handled on a case by case basis.*

*AIAFS will process the credit transfer for you. Please email us at [aiafsassoc@gmail.com](mailto:aiafsassoc@gmail.com) and include "Training Credit Transfer" in the subject line.*