



## THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

# Neuroscience of Trauma: Implications for Treatment Planning and Interventions

Presenter: Jennifer Sweeton, PsyD., MA, MS

This is in an on-demand training event worth 3.0 training hours

### **Training Description**

Neuroscience research is providing insight into why, when, and with whom specific psychotherapeutic approaches may be beneficial. However, translating neuroscience research into practice can be a daunting task. This seminar outlines for attendees some key areas involved in trauma, and provides examples of psychotherapeutic techniques that have been shown to alter those areas of the brain in the direction of health and recovery.

### **Training Objectives**

1. Name five areas of the brain commonly implicated in trauma.
2. Describe three ways to change the brain.
3. Briefly describe the “trauma Treatment Roadmap” and why the “order of operations” of trauma treatment is impaired

### **Presenter Biography**

Originally trained as a neuroscientist, Dr. Jennifer Sweeton is a licensed clinical psychologist, best-selling author, and internationally-recognized expert on trauma, anxiety, and the neuroscience of mental health. She is the author of the book, *Trauma Treatment Toolbox*, published by PESI Publishing & Media. Dr. Sweeton completed her doctoral training at the Stanford University School of Medicine, the Pacific Graduate School of Psychology, and the National Center for PTSD. Additionally, she holds a master's degree in affective neuroscience from Stanford University, and studied behavioral genetics at Harvard University. Dr. Sweeton resides in the greater Kansas City area, where she owns a group private practice, Kansas City Mental Health Associates, and co-owns Mind Works Professional Education, Inc., a continuing education company. She formerly served as the President of the Oklahoma Psychological Association and holds adjunct faculty appointments at the University of Kansas School of Medicine and the University of Oklahoma Health Sciences Center. She is the current President of the Greater Kansas City Psychological Association. Dr. Sweeton offers psychological services services to clients in Oklahoma, Kansas, and internationally, and is a sought-after trauma and neuroscience expert who has trained more than 10,000 mental health professionals in her workshops.

**COST:** **\$69.00 (Individual Rate)**

**REGISTRATION:** Online at <https://www.aiafs.com/trainingsod.asp>. This event is a recorded, on-demand training event with participants able to watch at their convenience. Details on how to access each on-demand event will be sent after registration is complete. Note: Participants will not have the ability to do a Question and Answer session or interact with the presenter and this may affect CEU approvals.

*For additional info, contact Darian @ 612-250-5432 - or - Email: [aiafsassoc@gmail.com](mailto:aiafsassoc@gmail.com)*