

THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

Clinical Forensic Neuroscience-Informed Practitioner (CFNIP) Certification with Dr. Jennifer Sweeton, Psy.D., MS, MA

This three-part seminar series in Clinical Forensic Neuroscience (and CFNIP Certification) will connect critical concepts from neuroscience to your clinical and forensic work, emphasizing easy-to-implement tools that you can start using immediately. Attend each presentation to learn about the main conditions and symptoms most frequently encountered in forensic settings, what happens in the brain in these conditions, and how to best work with a variety of mental health challenges in both children and adults, helping them change their brain in the direction of health! For each seminar you attend, you'll get access to detailed handouts and scripts for all techniques presented, allowing immediate incorporation into your work.

Participants who attend all three seminars will collaboratively (with other participants) complete a post-course exam that will qualify them for certification as a *Clinical Forensic Neuroscience-Informed Practitioner!* CFNIP Certification offers benefits for attendees in the following ways:

- Certification is a recognized credibility marker that...
 - Builds on existing professional credentials.
 - Adds professional value that employers may recognize.
 - Increases self-confidence and clients' confidence in professionals.
 - Demonstrates a dedication to advanced learning and staying current.
 - Can improve client care, when professionals are able to offer services at a higher skill level.

Presentation One: The Neuroscience of Mental Illness: Brain Structures, Connectivity in the Brain, and Brain-Changing Techniques for Forensic Experts (6.0 CEUs)

The latest findings from neuroscience have given us incredible insights into the workings of the brain and its connection to our psychological and physical well-being. Yet in-depth studies on the brain can be difficult to interpret; names like "dorsal anterior cingulate cortex" mean very little to most of us. And terminology is just the first obstacle. How do you overcome the challenge of applying complicated neuroscientific information to your practice with clinical and forensic clients? How does neuroscience help you when you're face-to-face with individuals who are stressed, disconnected, fearful, or angry? This seminar will focus on a broad spectrum of conditions commonly encountered in clinical and forensic settings. See Full Training Description in the following pages or at <https://www.aiafs.com/trainings.asp>.

Presentation Two: Working with Children and Adolescents in Clinical and Forensic Settings: Neuroscience, Assessment, and Techniques (6.0 CEUs)

Effectively working with children in clinical and forensic settings, which are often stressful, can be difficult. In this seminar, attendees will be provided with a neuroscience review of common conditions seen in children who have entered the criminal justice and mental health systems. The seminar also provides attendees with helpful screening tools to evaluate executive functioning, possible abuse, impulsivity, etc. This helps professionals better understand which conditions or symptoms children may be experiencing. Finally, this presentation presents professionals with several easy-to-use tools and techniques that they can utilize with children to help them feel calmer, more focused, and more compliant. See Full Training Description in the following pages or at <https://www.aiafs.com/trainings.asp>.

Presentation Three: Working with Adults in Clinical and Forensic Settings: Neuroscience, Assessment, and Techniques (6.0 CEUs)

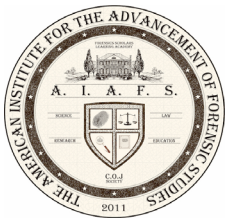
Professionals working with adults in clinical and forensic settings often face similar challenges, including understanding individuals' mental status, managing combative behavior, assessing for domestic violence or other abuse, and understanding behavior that may seem irrational. This seminar connects neuroscience research to clinical and forensic practice, focusing on areas of the brain involved in common mental illnesses, and presenting straightforward screening tools and techniques professionals can incorporate into their work with adults in clinical and forensic settings. See Full Training Description in the following pages or at <https://www.aiafs.com/trainings.asp>.

Presenter Biography: Originally trained as a neuroscientist, Dr. Jennifer Sweeton is a licensed clinical psychologist, best-selling author, and internationally-recognized expert on trauma, anxiety, and the neuroscience of mental health. She is the author of the book, *Trauma Treatment Toolbox*, published by PESI Publishing & Media. Dr. Sweeton completed her doctoral training at the Stanford University School of Medicine, the Pacific Graduate School of Psychology, and the National Center for PTSD. Additionally, she holds a master's degree in affective neuroscience from Stanford University, and studied behavioral genetics at Harvard University. For more information about Dr. Sweeton, visit <https://www.jennifersweeton.com/about-me>.

COST: \$295.00

TRAINING HOURS: 18.0

REGISTRATION: Online at <https://www.aiafs.com/trainingsod.asp>. This event is a recorded, on-demand training event with participants able to watch at their convenience. Details on how to access each on-demand event will be sent after registration is complete. Note: Participants will not have the ability to do a Question and Answer session or interact with the presenter and this may affect CEU approvals.



THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

Seminar One: The Neuroscience of Mental Illness: Brain Structures, Connectivity in the Brain, and Brain-Changing Techniques for Forensic Experts

Presenter: Dr. Jennifer Sweeton, Psy.D., MS, MA 6.0 Hours

Training Description

The latest findings from neuroscience have given us incredible insights into the workings of the brain and its connection to our psychological and physical well-being. Yet in-depth studies on the brain can be difficult to interpret; names like “dorsal anterior cingulate cortex” mean very little to most of us. And terminology is just the first obstacle. How do you overcome the challenge of applying complicated neuroscientific information to your practice with clinical and forensic clients? How does neuroscience help you when you’re face-to-face with individuals who are stressed, disconnected, fearful, or angry? This seminar will focus on a broad spectrum of conditions commonly encountered in clinical and forensic settings, such as:

- Sexual offending (and other problematic behavior)
- Substance abuse
- Domestic violence
- ADHD and oppositional behavior
- Trauma/PTSD
- Fetal Alcohol Spectrum Disorder
- Impulsivity
- Executive Dysfunction

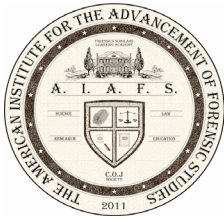
Learn what happens to the brain in these conditions, how they present, and how to begin working with each.

Training Objectives

1. Name the six areas of the brain most involved in mental health conditions.
2. Describe at least one difference between the neuroscience of substance abuse and trauma/PTSD.
3. Distinguish between the three main ways of changing the brain.
4. Describe why it can be difficult to “reason” with an individual who is under substantial stress.
5. Name and practice at least two techniques that ease the brain and body’s stress response.
6. State five conditions commonly seen in clinical and forensic settings.

Presenter Biography

Originally trained as a neuroscientist, Dr. Jennifer Sweeton is a licensed clinical psychologist, best-selling author, and internationally-recognized expert on trauma, anxiety, and the neuroscience of mental health. She is the author of the book, *Trauma Treatment Toolbox*, published by PESI Publishing & Media. Dr. Sweeton completed her doctoral training at the Stanford University School of Medicine, the Pacific Graduate School of Psychology, and the National Center for PTSD. Additionally, she holds a master's degree in affective neuroscience from Stanford University, and studied behavioral genetics at Harvard University. For more information about Dr. Sweeton, visit <https://www.jennifersweeton.com/about-me>.



THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

Seminar Two: Working with Children and Adolescents in Clinical and Forensic Settings: Neuroscience, Assessment, and Techniques

Presenter: Dr. Jennifer Sweeton, Psy.D., MS, MA

Hours: 6.0

Training Description

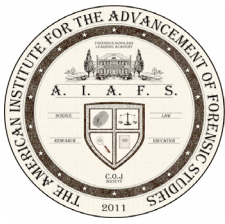
Effectively working with children in clinical and forensic settings, which are often stressful, can be difficult. In this seminar, attendees will be provided with a neuroscience review of common conditions seen in children who have entered the criminal justice and mental health systems. The seminar also provides attendees with helpful screening tools to evaluate executive functioning, possible abuse, impulsivity, etc. This helps professionals better understand which conditions or symptoms children may be experiencing. Finally, this presentation presents professionals with several easy-to-use tools and techniques that they can utilize with children to help them feel calmer, more focused, and more compliant.

Training Objectives

1. Identify at least two ways that prenatal and childhood trauma impacts brain development.
2. Describe at least three symptoms of oppositional defiant disorder in children.
3. Name two screening tools that can be used with children in the criminal justice and mental health settings.
4. State three conditions commonly seen in children in clinical and forensic settings.
5. Name and practice at least two techniques that can help reduce children's "smoke detector" in the brain.
6. Name and practice at least two techniques that can build trust with children.

Presenter Biography

Originally trained as a neuroscientist, Dr. Jennifer Sweeton is a licensed clinical psychologist, best-selling author, and internationally-recognized expert on trauma, anxiety, and the neuroscience of mental health. She is the author of the book, *Trauma Treatment Toolbox*, published by PESI Publishing & Media. Dr. Sweeton completed her doctoral training at the Stanford University School of Medicine, the Pacific Graduate School of Psychology, and the National Center for PTSD. Additionally, she holds a master's degree in affective neuroscience from Stanford University, and studied behavioral genetics at Harvard University. For more information about Dr. Sweeton, visit <https://www.jennifersweeton.com/about-me>.



THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

Seminar Three: Working with Adults in Clinical and Forensic Settings: Neuroscience, Assessment, and Techniques

Presenter: Dr. Jennifer Sweeton, Psy.D., MS, MA

Hours: 6.0

Training Description

Professionals working with adults in clinical and forensic settings often face similar challenges, including understanding individuals' mental status, managing combative behavior, assessing for domestic violence or other abuse, and understanding behavior that may seem irrational. This seminar connects neuroscience research to clinical and forensic practice, focusing on areas of the brain involved in common mental illnesses, and presenting straightforward screening tools and techniques professionals can incorporate into their work with adults in clinical and forensic settings.

Training Objectives

1. Identify one screening tool for domestic violence, and one for substance abuse.
2. Describe two areas of the brain involved in executive functioning, and how activation in those areas of the brain can change when under stress.
3. Learn and complete the Mental Status Exam Screening for Mental Disorders.
4. State three conditions commonly seen in adults in clinical and forensic settings.
5. Name one technique that professionals can learn to help improve their own social perspective taking.
6. Identify one way in which dementia may affect the brain.
7. Name and practice at least two techniques that can help reduce an individual's sympathetic nervous system arousal and increase parasympathetic arousal, leading to greater access to the "thinking areas" of the brain.

Presenter Biography

Originally trained as a neuroscientist, Dr. Jennifer Sweeton is a licensed clinical psychologist, best-selling author, and internationally-recognized expert on trauma, anxiety, and the neuroscience of mental health. She is the author of the book, *Trauma Treatment Toolbox*, published by PESI Publishing & Media. Dr. Sweeton completed her doctoral training at the Stanford University School of Medicine, the Pacific Graduate School of Psychology, and the National Center for PTSD. Additionally, she holds a master's degree in affective neuroscience from Stanford University, and studied behavioral genetics at Harvard University. For more information about Dr. Sweeton, visit <https://www.jennifersweeton.com/about-me>.