**The American Institute for the Advancement of Forensic Studies (AIAFS) presents**

**Dialectical Behavior Therapy (DBT) in Forensic Settings**
Presenters: Lane Pederson Psy.D., LP, DBTC

**Date:** Friday, January 12, 2018  **Time:** 8:30am - 4:00pm  **6.0 CEUs**

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**Training Description**

Dialectical Behavior Therapy (DBT) was originally designed for chronically suicidal and self-injurious people with borderline personality disorder. With a robust evidence base, DBT skills and techniques have been researched and adapted for many difficult-to-treat populations including those in forensic settings. DBT is increasingly used for forensic populations that include adults and juveniles in correctional facilities, sex offenders, and perpetrators of domestic violence among others. Join Dr. Lane Pederson to learn the essential elements of DBT, its forensic research base and applications, and how it can be used to help people in the toughest life situations achieve lasting behavioral change.

**Presenter Biography**

Dr. Pederson has provided DBT training and consultation to over 10,000 professionals in the United States, Australia, South Africa, Dubai, Canada, and Mexico through his training and consultation company, Lane Pederson and Associates, LLC. Notable organizations he has trained for include Walter Reed National Military Hospital, the Federal Bureau of Prisons, the Ontario Psychological Association, the Omid Foundation, and Psychotherapy Networker. He has provided DBT training for community mental health agencies, chemical dependency treatment centers, hospital and residential care settings, and to therapists in forensic settings. Dr. Pederson also co-owns Acacia Therapy and Health Training in South Africa. A real-world practitioner, Dr. Pederson co-owns Mental Health Systems, PC, one of the largest DBT-specialized practices in the United States with four clinic locations in Minnesota. At MHS, he has developed DBT programs for adolescents, adults, people with dual disorders, and people with developmental disabilities. He has served as clinical and training directors, directed practice-based clinical outcome studies and, has overseen the care of thousands of clients in need of intensive outpatient services. Dr. Pederson also founded Dialectical Behavior Therapy National Certification and Accreditation Association (DBTNCAA), now the DBT Certification Institute (DBTCI), the first active organization to certify DBT providers and accredit DBT programs. Dr. Pederson currently serves on the advisory board for the doctoral counseling program at Saint Mary’s University of Minnesota and is a peer reviewer for Forensic Scholars Today.

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**Training Objectives**

1. Describe the Core Philosophies and Assumptions of DBT
2. Use Evidence-Based Practices to adapt DBT to forensic populations
3. Describe the Essential Elements and Functions of a DBT Clinical Process
4. Identify Five Modifications of DBT for Forensic Settings
5. Learn Mindfulness, Distress Tolerance, Emotion Regulation, and Interpersonal Effectiveness Skills
6. Assess the three variants of self-injury seen in correction settings
7. Use Behavioral and Solution Analysis to address problem urges and behaviors

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**LOCATION:**  Mall of America, Parkview Meeting and Event Center, 5204 Center Court Bloomington, MN 55425  
**COST:**  $89.00 (Individual Rate)  
**REGISTRATION:**  Online at www.aiafs.com/trainings or use the registration form  

*For additional info, contact Darian Buel @ 612-250-5432 - or - Email: aiafsassoc@gmail.com*

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**Continuing Education Approval**  Application for continuing education credits will be made with the following boards:

- The Minnesota Board of Social Work  
- The Minnesota Board of Psychology  
- The Minnesota Board of Behavioral Health  
- The Minnesota Board of Marriage and Family Therapy  
- The Minnesota Board of Behavioural Health  
- The Minnesota Board of Continuing Legal Education

**Supported by:**  *Pathways Counseling Center, Inc. and Concordia University, St. Paul.*
The American Institute for the Advancement of Forensic Studies (AIAFS)

Course Registration

Seminar Title: Dialectical Behavior Therapy (DBT) in Forensic Settings

Seminar Date: Friday, January 12, 2018  Time: 8:30am-4:00pm  Cost: $89.00  6.0 CEUs

Mailing Address:  The American Institute for the Advancement of Forensic Studies (AIAFS)
PO Box 5085
St. Paul, MN 55101

Additional Information: Call Darian Buel @ 612-250-5432 or Email: aiafsassoc@gmail.com

Location: Parkview Meeting and Event Center (first floor-inside Nickelodeon Universe), 5204 Center Court Bloomington, MN 55425. Open to the public at 7am. Enter WEST Parking Ramp, accessible from Killebrew Drive. Park on Street Level 1. Enter main mall entrance, proceed straight ahead into Nickelodeon Universe and take a right past the Ninja Turtles ride. It is located between Flyover America and Hard Rock Café in the southwest corner of Nickelodeon Universe.

Training Schedule:

<table>
<thead>
<tr>
<th>Time</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:45am-8:30am</td>
<td>sign in/registration</td>
</tr>
<tr>
<td>8:30am-10:00am</td>
<td>Training</td>
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<tr>
<td>10:00am-10:15am</td>
<td>Break</td>
</tr>
<tr>
<td>10:15am-12:00pm</td>
<td>Training</td>
</tr>
<tr>
<td>12:00pm-1:00pm</td>
<td>Lunch (on your own)</td>
</tr>
<tr>
<td>1:00pm-2:15pm</td>
<td>Training</td>
</tr>
<tr>
<td>2:15pm-2:30pm</td>
<td>Break</td>
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<tr>
<td>2:30pm-3:45pm</td>
<td>Training</td>
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<tr>
<td>3:45pm-4:00pm</td>
<td>Questions/Post-Test</td>
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<tr>
<td>4:00pm-Adjourn</td>
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Attendee Contact Information  DBT in Forensic Settings  01/12/2018  8:30am-4:00pm  Cost: $89.00

Name: __________________________________________________________
Agency: _________________________________________________________
Business Address:  Street __________________________________________
                   City ___________________________ State __________ Zip Code __________
Home Phone: _______________ Work Phone: ___________________ Cell Phone: ___________________
Email: __________________________________________________________

Payment Information

☐ Check  (Check No: ________________)
Credit Card:   ☐ Visa  ☐ Master Card  ☐ Other ____________________________
Name on Card: ____________________________________________________
Card Number: ____________________________________________________
Expiration Date: ___________________________ Security Code: ___________________________
Billing Address:  Street __________________________________________
                   City ___________________________ State __________ Zip Code __________

Name of person submitting credit card information: ____________________________
Signature of person submitting credit card information: ____________________________

AIAFS takes pride in bridging the gap of education in forensic mental health by offering affordably-priced training events. We appreciate your consideration of attending an AIAFS training to expand your knowledge and earn continuing education credit.

If you are unable to attend an event for which you have already registered and paid, please contact AIAFS a minimum of one week before the event. A complimentary credit transfer equal to the amount paid at registration will be applied toward any upcoming training event. Requests made after seven days before the training event will be handled on a case by case basis.

AIAFS will process the credit transfer for you. Please email us at aiafsassoc@gmail.com and include “Training Credit Transfer” in the subject line.