



# THE AMERICAN INSTITUTE FOR THE ADVANCEMENT OF FORENSIC STUDIES (AIAFS) *presents*

## ***Motivational Interviewing (MI) with Aggressive, Challenging, and Hostile Clients***

**Presenters: Ernest Marshall, LCSW, and Leslie Barfknecht, LCSW**

**Date: Friday, December 6, 2019    Time: 8:30am - 4:00pm    6.0 CEUs**

### **Training Description**

Motivational Interviewing is an evidence-based therapeutic technique designed to help people identify their readiness, willingness, and ability to make meaningful change in their lives. This evolving intervention continues to be applied and effective across multiple disciplines. Originally utilized in the field of substance abuse; motivational interviewing has been validated in other fields including medical, public, and mental health, and various criminal justice settings. A brief overview of the most recent research related to MI will be included in this training. In recent years the use of motivational interviewing has increased in the criminal justice and forensic mental health populations. MI is specifically effective with populations impacted by anger, aggression, substance misuse, rage control issues, impulsivity and violence, including sexual offending. Each of these behavioral presentations has variations within the development, etiology and intentions associated with the behaviors. Successful interventions are founded on the ability to critically assess these pathways and apply strategies to manage countertransference.

It is presumed attendees will have previous experience in Motivational Interviewing, this training is not an introduction to MI. This course will offer a brief review of MI and provide the attendee with specific MI adherent strategies in dealing with these behaviors. Attendees will be asked to participate in several experiential opportunities to practice applicable, take away skills to implement in their work.

### **Training Objectives**

1. Review of Motivational Interviewing skills, techniques, processes and the Spirit.
2. Provide a brief overview of the latest research related to MI effectiveness.
3. Discuss MI strategies for clients with anger, aggressive, rage, and impulsive behaviors and how to de-escalate, particularly when assessing motivation and intention.
4. Utilize MI in the assessment process to further understand the client's goals and intentions.
5. Increase ability to adapt MI strategies to differing presentations through case examples and audience participation.
6. Increase self-awareness and ability to manage countertransference.

### **Presenter Biographies**

Ernie Marshall, LCSW, has worked in the non-profit and public sectors in both clinical and administrative roles since 1996. His work has focused on populations traditionally considered resistant and hard to treat including: criminal justice, substance abuse, sexual offenders and multiply diagnosed individuals. He is a member of the Motivational Interviewing Network of Trainers (MINT) and has been conducting training for therapists and criminal justice organizations for 15 plus years. He is currently a Treatment Supervisor at Sand Ridge Secure Treatment Center where he is supervises the development and delivery of treatment for high risk sex offenders with elevated levels of psychopathy.

Leslie Barfknecht, LCSW, is a licensed clinical social worker in Minnesota and Wisconsin. She Leslie has spent her career working directly and in administrative roles with persons who have offended or are at risk of offending within the criminal justice and social services systems in both private and public sectors. She is a Treatment Supervisor at Sand Ridge Secure Treatment Center and supervises the development and delivery of treatment for high risk sexual offenders. Leslie is a member of the Motivational Interviewing Network of Trainers (MINT) and a Certified Trainer with the International Center for Clinical Excellence (ICCE).

**LOCATION: Mall of America, Parkview Meeting and Event Center, 5204 Center Court Bloomington, MN 55425**

**COST: \$89.00 (Individual Rate)**

**REGISTRATION: Online at [www.aiafs.com/trainings](http://www.aiafs.com/trainings) or use the registration form**

**For additional info, contact Darian Buel @ 612-250-5432 - or - Email: [aiafsassoc@gmail.com](mailto:aiafsassoc@gmail.com)**

**Continuing Education Approval - Application for continuing education credits will be made with the following boards:**

The Minnesota Board of Social Work  
The Minnesota Board of Behavioral Health  
The Minnesota POST Board

The Minnesota Board of Psychology  
The Minnesota Board of Marriage and Family Therapy  
The Minnesota Board of Continuing Legal Education

# The American Institute for the Advancement of Forensic Studies (AIAFS)

## Course Registration

**Seminar Title: Motivational Interviewing (MI) with Aggressive, Challenging, and Hostile Clients**

**Seminar Date:** 12/09/2019

**Time:** 8:30am-4:00pm

**Cost:** \$89.00

6.0 CEUs

**Mailing Address:** The American Institute for the Advancement of Forensic Studies (AIAFS)  
PO Box 5085  
St. Paul, MN 55101

Register online today!  
[www.aiafs.com/trainings](http://www.aiafs.com/trainings)

**Additional Information:** Call Darian Buel @ 612-250-5432 or Email: [aiafsassoc@gmail.com](mailto:aiafsassoc@gmail.com)

**Location:** Parkview Meeting and Event Center (first floor-inside Nickelodeon Universe), 5204 Center Court Bloomington, MN 55425. Open to the public at 7am. Enter WEST Parking Ramp, accessible from Killebrew Drive. Park on Street Level 1. Enter main mall entrance, proceed straight ahead into Nickelodeon Universe, past the Ninja Turtles Ride and towards the Hard Rock Café. Parkview Meeting and Event Center is located between Flyover America and Hard Rock Café in the southwest corner of Nickelodeon Universe.

### Training Schedule:

7:45am-8:30am – Sign in/Registration	1:00pm-2:15pm – Training
8:30am-10:00am – Training	2:15pm-2:30pm – Break
10:00am-10:15am – Break	2:30pm-3:45pm – Training
10:15am-12:00pm – Training	3:45pm-4:00pm – Questions/Post-Test
12:00pm-1:00pm – Lunch (On Your Own)	4:00pm – Adjourn

**Attendee Contact Information      Motivational Interviewing      12/9/2019      8:30am-4:00pm      Cost: \$89.00**

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Business Address: Street \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Payment Information

Check (Check No: \_\_\_\_\_)

**Credit Card:**       Visa       Master Card       Other \_\_\_\_\_

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**Card Number:** \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

**Name of person submitting credit card information:** \_\_\_\_\_

**Signature of person submitting credit card information:** \_\_\_\_\_

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*If you are unable to attend an event for which you have already registered and paid, please contact AIAFS a minimum of one week before the event. A complimentary credit transfer equal to the amount paid at registration will be applied toward any upcoming training event. Requests made after seven days before the training event will be handled on a case by case basis.*

*AIAFS will process the credit transfer for you. Please email us at [aiafsassoc@gmail.com](mailto:aiafsassoc@gmail.com) and include "Training Credit Transfer" in the subject line.*